

Bill Quay Primary School



PE Policy

Purpose of this policy

The purpose of this policy is to outline our practice in Physical Education (PE) and the principles in which it is based. It sets out a framework by which all staff can work and gives guidance on planning, teaching and assessment.

Intent

At Bill Quay Primary School, we aim to instil a passion for PE and sports to ensure that every child has the opportunity to be the best they can in their PE lessons, sport and active playtimes. Through physical education and sport we aim to teach our pupils new skills and show them how to improve in a fun, safe and stimulating environment. By providing a wide variety of opportunities both in school and off site, our pupils will become healthy and competent. By raising self-esteem, we will create active young people ready for the next stage of their lives. We strive to give children the opportunity to compete internally, and with other schools to instil values of the RESPECT framework whilst following Get Set 4 PE and our Commando Joe's curriculum.

Our Aims and objectives in teaching PE:

At Bill Quay Primary School, we recognise the importance Physical Education (PE) plays in the curriculum. It ensures all pupils have opportunities to be both physically and mentally active. The aim of our high-quality PE curriculum is to inspire all pupils to succeed in competitive sport and other physically-demanding activities. It should also enable pupils to become physically confident in a way which supports their health and fitness. The curriculum also aims to develop basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

Implementation

At Bill Quay Primary School, we follow the Get Set 4 P.E. scheme. The long and medium term plans ensure that there is a progression of skills throughout the school and that pupils are building upon knowledge learnt in previous years. Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

We recognise that within classes, there is a wide variety of abilities and so we provide suitable learning opportunities that are matched to the needs of all pupils. This is done through providing support, differentiating activities and using a range of teaching and learning styles within lessons. Where possible, teaching will be supplemented with sporting competitions or external visits from sports coaches.

Our Long Term plans ensure all skills are covered and there is progression within them. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area. Links with Gateshead SSP are also utilised for specialist support, coaching and competitions.

Teaching and Learning:

At Bill Quay Primary School, we use a variety of teaching and learning styles in PE. We utilise whole class teaching methods as well as providing opportunities for small group or partner based activities. To ensure we meet the needs of all learners, lessons may be differentiated using resources, careful questioning, expected outcome or support from peers/adults. The PE co-ordinator has worked alongside teaching colleagues to create a broad and balanced curriculum that is exciting for our children.

EYFS

We recognise the importance of Physical development in the Early Years Foundation Stage as a key area of learning. We encourage the physical development of our children in reception class as an integral part of their work. As this class is part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age.

Children in the EYFS access time and space to enjoy energetic play daily, using large portable equipment. Furthermore, specific Physical Development lessons give children the opportunity to practise movement skills through games with beanbags, cones, balls and hoops. Pupils participate in activities where they can practise moving in different ways and at different speeds, balancing, target throwing, rolling, kicking and catching. These skills are then built upon in Key Stage 1.

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]

- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2.

Currently, our Year 5 pupils will be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Pupils who are unable to swim 25 metres by the end of Year 5, will continue some small group swimming lessons the following year.

Festivals and Tournaments

At Bill Quay Primary, we aim to take part in a wide range of festivals and tournaments throughout the year. These may be intra-school, cluster or county.

Intra-school Events

These events are organised within school by our PE co-ordinator. Usually, pupils will be organised into their family trees, compete against their own age group, and will collect points to identify the winning team. Events that are organised within school may include football, rounders, cricket and sports day.

Cluster Events

As part of the Heworth cluster of schools, pupils will take part, throughout the year, in sporting events against and alongside other schools. In Key Stage 1, these events will be festivals and often the whole class will take part. In Key Stage 2, sometimes the whole class will take part or it may be a team that is selected.

County Events

As part of the School Level Agreement (SLA) that we hold with Gateshead School Partnership Service (SSP), pupils will have the opportunity to take part in a range of sporting events throughout the year across Gateshead. Often, numbers will be restricted for each school and therefore the PE co-ordinator, together with the class teacher, will select a team. Occasionally, some county events may lead to regional finals with the winning school being selected to represent the county.

In addition to the events organised by the SSP, we also enter a football team each year into the County Football Association league. Our coach from NUFC runs a weekly football team for pupils in Years 5 and 6, and from this, a squad is selected.

Selection of Teams including SEND and Talented Pupils

All pupils will have the opportunity to take part in intra-school events. The PE co-ordinator is responsible for ensuring that all pupils in each year group have the opportunity to take part in at least one cluster event each year. A record is kept throughout the year to ensure all pupils are given this opportunity.

Pupils who are SEND will have the opportunity to take part in an after-school club each term, as well as taking part in SEND events organised by the SSP. The PE co-ordinator will monitor the opportunities given to our SEND pupils.

At Bill Quay Primary, we recognise the importance of nurturing talented pupils and giving them opportunities to progress. We are also aware that many of our SEND pupils are as equally talented in sport and by giving them as many opportunities as possible, they are able to shine. Any pupils who demonstrate a particular talent in a sport will be given the opportunity to represent the school and we will endeavour to signpost parents/carers to clubs in the locality where they can continue their sporting journey.

Impact

By the end of Key Stage 2 we expect pupils to

- have developed competence to excel in a broad range of physical activities
- to be physically active for sustained periods of time
- to be engaged in competitive sports and activities
- lead healthy, active lives

Assessment and Recording:

Assessment in PE is made by teachers or coaches making informal judgements, observations during sessions and against the specific objectives set out in the National Curriculum. All assessments are recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

PE and School Sports Premium

The PE and Sport Premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their PE and sport provision so that pupils experience the benefits of regular exercise. Advantages of becoming healthier both mentally and physically will improve behaviour and aid better academic achievement. Our Sports Premium action plan, detailing how we intend to spend this ring-fenced money, can be found on the school website.

Resources:

PE equipment is safely stored in the PE cupboard. The PE cupboard should only be accessed by members of staff / adults. The cupboard should be checked and its tidiness and organisation maintained by all staff. Staff are advised to inform the subject leader of any broken, damaged or lost equipment so that replacements can be ordered.

Equality and Diversity:

It is the responsibility of all teachers at Bill Quay Primary School to ensure that all pupils irrespective of ability, race, gender, age, faith, sexual orientation, and disability are given full access to the PE curriculum and make the greatest possible progress in accordance with recent legislation. We ensure our curriculum follows the RESPECT framework and adheres to the UN convention on the Rights of the child. We follow the Get Set 4 PE curriculum which ensures the inclusion of every child.

Health and Safety

Health and good safe practice is always emphasised in each environment, including the handling of equipment. Large equipment is inspected annually. Appropriate clothing is essential and children's attire

is checked by teachers prior to undertaking PE activities.

PE Kit

Children are encouraged to wear appropriate PE clothing. Shorts/jogging bottoms, t-shirts and sensible footwear for outdoor activities are recommended. PE timetables have been created to ensure all pupils have access to the hall if the weather does not promote outside learning. Parents/ Carers are encouraged to keep track of seasonal weather changes and ensure PE kits are always appropriate. Children should be bare-footed for gymnastics lessons, though they must bring their shoes to the lesson and leave them at the side in case of a fire emergency. Teaching staff will ensure all equipment is carried and safely stored.

Children are encouraged to come into school wearing their PE Kit, this is to reduce risk associated with COVID-19. Appropriate clothing is also required during swimming sessions; specific requirements can be found on the Gateshead council website (<https://www.gogateshead.com/article/5820/Swimming>).

Jewellery is not allowed to be worn during PE at Bill Quay Primary School, all watches, earrings etc must be removed. If a child cannot remove their earrings, plasters must be provided to ensure they are entirely covered. Children with medium/long hair should have it tied up securely.

Teaching staff would consider their own and their pupils' safety in regards to their own personal clothing and footwear. Jewellery should also be removed and hair should be tied up when teaching any form of physical activity.

Role of the Subject Co-ordinator:

The PE co-ordinator will monitor the implementation of this policy and review and amend it as necessary. They will also:

Training

- Provide support and training for staff, including the planning, teaching, assessing, and evaluating of the P.E. curriculum.
- Provide up-to-date information for teachers e.g. new resources, initiatives or schemes.
- Seek further training and support from specialist teachers and coaches, NUFC and GSSP etc.
- Over the course of an academic year, ensure all teachers can observe/team teach with specialist teachers, in order to make their contribution sustainable.

Curriculum

- Timetable specialist teachers and coaches (liaising with Head Teacher).
- Ensure the PE curriculum resources available to teachers are of a good standard and a quantity.
- Promote PE and Sport across the school, encouraging children's participation and celebrating both involvement and success.
- Monitor the provision of PE within school.
- Ensure that any child with a sporting talent is allowed the opportunity to progress within school and if possible, by making links with sporting clubs.
- Record the uptake of after-school sporting clubs, including for those children with SEND.

Organisation

- Register the school for various borough sporting events (via GSSP) - liaising with Head Teacher.
- To report on school swimming attainment annually and record this online.
- Report to the Head Teacher and Governors on PE.
- Ensure that every child in each class is given the opportunity to represent the school at least once a year in either a festival or tournament.

Budgeting

- To complete the 'Evidencing the Impact of the Primary PE and Sport Premium' document annually (liaising with the Head Teacher).
- This document will be completed and uploaded to the school website by the 31st July each year.

For more information about Physical Education at Bill Quay primary please visit our school website

www.billquayprimary.org.uk